

# **Allergen Advice Booklet**

**Your Business  
Address  
Address**

*"Write the Record.ie"*

# Breakfast - Allergen Advice Information

Dish	Cereals Containing gluten 1	Crustaceans 2	Eggs 3	Fish 4	Peanuts 5	Soybeans 6	Milk 7	Nuts 8	Celery 9	Mustard 10	Sesame Seeds 11	Sulphur Dioxide & Sulphites 12	Lupin 13	Molluscs 14
Full Breakfast														
Mini Breakfast														
Smoked Salmon & Scrambled Egg														
Vegetarian Breakfast														
Breakfast Omelette														
Eggs Scrambled														

Please enter 'Y' for yes in the Appropriate Allergen box to identify

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	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Eggs Poached														
Eggs Benedict														
Breakfast Roll														
Breakfast Bap														
Breakfast Ciabatta														
Breakfast Sandwich														

Please enter 'Y' for yes in the Appropriate Allergen box to identify